

****This is a Shortened version of the information document that you can download for free at my website: www.thehealingherb.co.uk/instructions/ [look for the section headed "Pets..."]**

ESSIAC TEA DOSAGE FOR PETS

The essiac dosage for pets depends primarily on the animal's weight. It's important to find the right essiac dosage for your pet before administering essiac.

Please note: These essiac tea dosages for pets are our personal recommendations based on 14 years of experience in the essiac tea business seeing what works best. However, the recommendations are not backed by clinical studies and are greater than the dosages Rene Caisse had used for pets. Follow at your own risk and discretion.

If your pet weighs up to 15 lbs.

START WITH 1/2 oz. of tea per day. If tolerated well, WORK UP TO 1/2 oz. of tea twice per day.

If your pet weighs 15-35 lbs.

START WITH 1/2 ounce twice per day. If tolerated well, WORK UP TO 1 ounce twice per day.

If your pet weighs 35-55 lbs.

START WITH 1 ounce twice per day. If tolerated well, WORK UP TO 2 ounces twice per day.

If your pet weighs 55-85 lbs.

START WITH 2 ounces twice per day. WORK UP TO 3 ounces twice per day.

Although these doses are higher than Rene Caisse's original chart for essiac dosages for pets, we have seen best results with pets who had a much larger dose than Rene's recommended doses. The dosages above can still be increased to give your pet the best chance of improved health. To have the best hope for good results, increase the dose as much as possible.*

*One potential problem with large doses for pets is the amount of rhubarb the animal will be consuming. Rhubarb is a laxative (which is one of the reasons it's in the essiac formula). Dogs, cats and most other pets have shorter digestive systems than humans, and therefore will be more susceptible to diarrhoea. Due to this reason, the recommendation that a large dose of essiac be taken must be balanced against the downside of your pet suffering with diarrhoea. If you start out with a conservative dose as noted in the chart and build up the dose if the pet shows no sign of a problem, you have a better chance of the pet adapting to a higher dose. Through experimentation, you'll need to find the level of essiac dosage that works best for your pet.

Note: This tea works best when taken on an empty stomach. If you can give the essiac to your pet away from meal times, that is ideal. If you need to mix the essiac with the run-off from tuna or with broth, that is the next best. If you need to mix it with food, that is better than not giving it at all. Some people use an eye dropper or a turkey baster to administer the essiac on an empty stomach, especially with cats.

Making The Tea

Depending on the weight of your pet, or the dosage you have decided upon, you will use an appropriate amount of herbs and water to make enough tea for 2 weeks at a time.

So, if you have opted to use 1 ounce of tea per day (after reading above), then that is approx 14g (half a 28g pack) of herbs, and 500ml of water. Note that is a bit more water than in the final tea, to allow for evaporation and other loss.

The result is that you will have approx 450ml of tea, that can be given 30ml (1 floz) daily, as 2 doses of 15ml (1/2 floz).

Steps:

1. Bring your chosen amount of purified water to a boil in a stainless steel or glass pot.
2. Weigh or measure the amount of herb you will use, and add to the pot.

**Here are the rest of the instructions on how to brew essiac tea
(in any size batch):**

3. Turn the heat down to medium and let the tea simmer for ten minutes, stirring occasionally. Keep a cover on the pan with just a bit of air exposed to reduce evaporation.
4. Turn the heat off, cover the pan completely, and leave the mixture sitting at room temperature for twelve hours.
5. The following day, stir the tea vigorously to disperse the remnants of the herbs throughout the mixture* and funnel it into a clean standard plastic spring water gallon container (or a glass bottle, if you prefer). Refrigerate.

*We STRONGLY RECOMMEND that you leave the herb particles in the tea and DO NOT strain the herbs. Because these are powdered herbs, you don't have to strain anything — the herbs are fine enough to be taken in the tea. The herbs increase the efficacy level of the treatment.

Do not try to brew essiac tea more than two weeks ahead: it will stay good for about 14 days, but after that you should make a fresh batch of tea. Shake the container well before pouring your dosages to disperse the herb particles throughout the tea.

Most consume essiac tea cold.

The most consistent results over the years with essiac come when the doses are taken on an empty stomach. This means to avoid eating two hours before and one hour after essiac. However, if they must eat and take essiac at the same time, we believe that is much better than skipping their essiac dose entirely. Drinks are ok, it's protein that can be a problem.

The 'Sludge' at the bottom of the essiac tea container: Do not toss it!

The herbs are important to consume as part of each dose. Therefore, please do not strain and throw out the particles at the bottom (some describe it as 'mud'). It's important to get some of these particles into each and every dose. The most effective way to do this for most people is to use a large wooden spoon to stir the pitcher before pouring each dose. You can leave the lid off your container to make this more convenient. Stirring tends to work better than shaking especially when the pitcher is full.

It is our opinion that it is generally safe to use alongside many medications/steroids etc

*** *Legal Disclaimer :) Please note that the tea does not replace conventional medical treatment***

You can find lots of good info on how to make the tea, and detailed info about each herb at www.thehealingherb.co.uk/instructions/

**Order more stuff at TheHealingHerb.co.uk or just email me:
contact@thehealingherb.co.uk**